



Trimontium Trust Learning Resources

Free activities for schools & families

Roman Sandals

Some of the most fantastic treasures uncovered from the Trimontium site are objects made from organic materials such as leather. These include shoes of various types, pieces of army tent and a highly decorated horse 'mask', or chamfron.

In this activity you can try and make your own Roman army 'marching' sandals. Feel free to use any materials available to you. Included here are some links for your own research to help if you'd like to investigate the subject a little more - alternatively just follow our instructions.



Replica horse chamfron



1,800-year-old shoes from Trimontium

For more information visit:

<https://www.nms.ac.uk/explore-our-collections/collection-search-results/>

https://www.romanobritain.org/8-military/mil_roman_soldier_footwear.php

We would love to see your results...post online using #Trimontium and tag us @TrimontiumTrust...

or send your photos to roblongworth@trimontium.co.uk

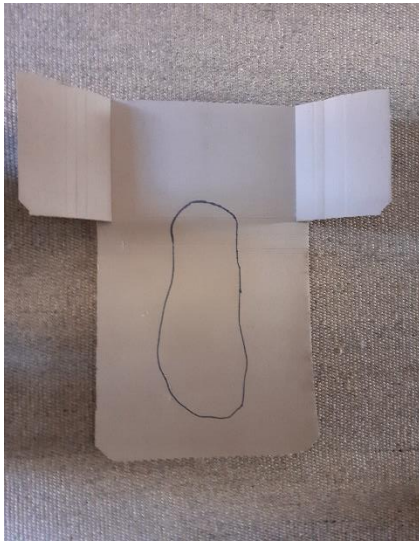
We may share our favourites online or across our social media...happy sandal making...

Twitter: <https://twitter.com/TrimontiumTrust>

Facebook: <https://www.facebook.com/TheTrimontiumTrust/>

Website: <https://www.trimontium.co.uk/>

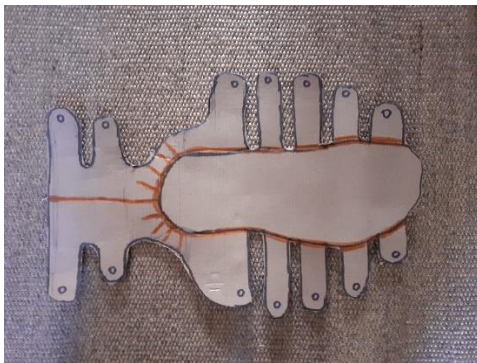
INSTRUCTIONS :



1. Find some card (or any other suitable material), draw round your feet, make sure there is spare room around the outline...

2. Draw your sandal design 'around' your foot outline. Copy our design or research & design your own, the Romans used many different styles...

3. Cut carefully around the design, get an adult to do this bit, then use a hole punch to make the lacing holes.



4. Score along the orange lines on the photo. Get an adult to help here. These scored lines will help the sandal form its shape.

5. Turn over and add hobnails (black dots) for grip! These help to help make a threatening sound as you march!

6. Lace carefully and try them on!

